



Iowa Substance Abuse Information Center

Message from Sue Stannard

We are moving our office closer to the current Cedar Rapids Public Library location at Westdale Mall in Cedar Rapids. This move brings us closer to our goal of providing better and faster service to our patrons. Thanks to the library's generosity, we will have comfortable seating (couch/chairs), end tables, a coffee table, and floor lamps for ease of sitting and reading.

We plan on advertising and showing our popular videos and DVDs to people in recovery, interested members of the public, curious shoppers and mall walkers on a regularly-scheduled basis. Attracting positive, public attention to IDPH's services and free information will serve as an educational outreach service, teaching people about substance abuse and gambling addictions and how it impacts all of us directly or indirectly at some time in our lives.

Our books and teaching resources are also on demand and available to be checked out in addition to our DVDs and videos. Don't forget that we also provide research services, a training calendar that lists upcoming events/courses/conferences and a job data base.

Anyone is welcome to visit us either in person at Westdale Mall, 2600 Edgewood Rd., SW, Cedar Rapids, IA, or online at www.drugfreeinfo.org. We can be reached locally at 319-398-5133 or toll free at 1-866-242-4111.

New Resources

Books

Betting Their Lives

The Close Relations of Problem Gamblers
By Lome Tepperman

This book is based on first-hand interviews with a selection of problem gamblers and see how gambling is influenced by and, in turn, influences relationships with intimate partners—husbands, wives and children.

DVDs

Vida en la Comunidad para Todos! (Life in the Community for Everyone!)

This is a bilingual audiovisual product that addresses substance abuse prevention and mental health promotion in Hispanic/Latino communities. It is designed to be used by service providers working with Latino parents in group settings. This DVD presents 10 impacting chapters with dramatic vignettes and expert and community interviews. It reinforces Hispanic values and traditions and motivates parents to get more involved in protecting their children.

The Latest Patron Favorite DVDs

Cross Addiction: The Back Door to Relapse

C0176 DVD, 40 min., Hazelden

Humor in Treatment

H0090 DVD, 108 min., Mark Lundholm

Reclaim Your Family From Addiction

R0128 DVD, 87 min., Hazelden



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Did you know?

ISAIC's Clearinghouse supports the Cedar Rapids School District's transitional center's students with disabilities work study program. For the past ten years on every Monday, Wednesday and Friday during the school year a teacher's aide and students come and assist our staff for approximately an hour each day.

ISAIC's Clearinghouse is busier than ever with increasing orders and shipments. The increase in new and returning patrons is due to community outreach efforts being initiated in January to educate Iowans about the availability of free, accurate and updated information provided by the Iowa Department of Public Health.

ISAIC's Clearinghouse has compiled a number of packets geared to the various agencies whose staff and clientele could benefit from sharing among themselves and others. Each packet contains a list of the following:

- pamphlet titles
- pamphlet order numbers
- an example of each pamphlet
- a step-by-step guide on how to order

RECOVERY IOWA

The Recovery Iowa (www.recoveryiowa.org) website has returned and is better than ever! Recovery Iowa seeks to raise public awareness about alcohol, drug and gambling disorders, recovery issues, and decrease the stigma associated with addiction and recovery. Please check it out and give us your input.

Free Video

To all Iowans interested in preventing and reducing underage drinking, IDPH offers a free video entitled, "Time for Action: Preventing Underage Alcohol Use in Iowa" along with a Video Guide. This video gives you a snapshot of underage drinking in Iowa and shows what some Iowans are thinking and doing about it. Suggestions are offered on how you can do more in your community and what resources might be available to help you. Just call our office 319-398-5133 locally or our toll free number: (866) 242-4111 and we will get them to you.