

Substance Abuse Update

June 2008

ANNOUNCEMENTS

ISAIC Buildings Affected by Flooding in Cedar Rapids

The ISAIC offices and Clearinghouse have been damaged by the recent floodwaters. At present, our 24 hour Help Line, 1-866-242-4111, is operational. A temporary Web page at <http://crlibrary.info/isaic/index.html> will be updated regularly to keep you apprised of services as they become available.

- The ISAIC lending library is not in service. Any items that you have checked out can be sent back by a shipper, such as UPS, using our regular return labels (addressed to ISAIC, 500 1st Street SE). You may also keep the items longer if you have use for them. All fines and fees for overdue materials are waived until further notice.
- ISAIC online services, such as job postings and the agency directory, are on servers located in the library building, and are not operational at this time.
- The ISAIC online stores and Clearinghouse materials and services are not operational. The Clearinghouse building flooded and it will be several months before we can ship any printed materials.
- Foundation 2 Crisis Center is answering all Help Line calls 24/7, and can provide information and referrals, as well as connect you to ISAIC staff.

Iowa Red Ribbon has a New Site

<http://www.redribboniowa.org/>

The site now includes a blog, a great way for students, teachers, and group leaders to share information about observing Red Ribbon Week. Photos, video, information, and links to other sites can all be shared.

The blog page, <http://blog.redribboniowa.org/> is for idea sharing. Please add any ideas you might have for Red Ribbon celebrations that groups, especially classrooms, could use.

Magellan's News for June 2008

The Iowa Plan Provider Roundtable will be held on July 17, 2008 from 9:15 a.m. – 12.00 p.m. The presentation will be at the Starc Armory in Johnston, Iowa, and at designated ICN sites throughout the state.

The topic is *"From Intake to Discharge: A Discussion on Effective Treatment Planning"*. The presenters will be Myles DeJager, Lori Hancock-Muck, and Kim Hauser.

This is a beginning-intermediate level workshop that outlines the steps to developing treatment plans. This workshop will provide specific examples for individualized treatment plans that can be implemented in an outpatient and/or inpatient setting. Participants will be able to recognize the importance of assessment and discharge plan in treatment planning; identify the different phases of the treatment planning process; recognize the importance and function of an individualized treatment plan; and identify treatment goals that are realistic/measurable/obtainable.

The presenters are Magellan's Quality Improvement Reviewers. Each reviewer has several years of clinical experience and currently conducts retrospective treatment record reviews for Medicaid providers in Iowa. The training will provide an overview of the process of treatment planning and will also review the documentation requirements for Iowa Plan providers. To pre-register, please contact JABarker@MagellanHealth.com

BRAG AND BORROW: IDEAS FROM ACROSS THE STATE FOR YOU TO USE

Adult Prevention Programming

Substance abuse prevention efforts often focus solely on youth. Don't overlook the adults in your prevention planning this summer! Adults making high risk choices after parties often experience preventable outcomes such as crashes, OWI arrests, and relationship problems.

Promoting low risk consumption helps adults-and youth- prevent problems and enjoy summer celebrations.

You can contact Jay Pedelty at Prairie Ridge for more information on how he provides programming to groups of adults and parents, jpedelty@prairieridge.net

You can get also get more information about low risk choices from Michelle Ellison at Prevention Research Institute michelle@askpri.org

WHAT'S HAPPENING IN IOWA

Access to Recovery (ATR) is Spreading Across the State

ATR funds community-based services and supports like care coordination, transportation, child care, and sober living activities for Iowans working toward recovery from substance abuse.

To date, 32 providers representing 48 counties have sent applications to IDPH to become ATR providers. Over 140 individuals with substance

abuse issues have benefited from ATR funded services.

For more information about Access to Recovery or to download a provider application, please visit our website at www.idph.state.ia.us/atr

LOOKING AHEAD

Save The Date!

National Drug and Alcohol Recovery Month is in September, and the website is www.recoverymonth.gov.

Recovery Month is intended to recognize the people and efforts that support substance abuse prevention and treatment and to promote the message that recovery from alcohol and drug use disorders happens every day.

This is an opportunity for the recovering community to partner with families, neighbors, churches; and service provider's to celebrate success in recovery, and share information about the services that Iowa has to offer for substance abuse prevention, treatment and recovery.

The Iowa Department of Public Health would like to hear about events planned in your community to celebrate recovery in September 2008. This year's National theme: is "Join the Voices for Recovery, Real People - Real Recovery."

Events that have taken place in the past include, recovery speaker's, open house's, recovery walks, speakers on State of Iowa Capitol steps, picnics, camp retreats, bonfire's hay rake rides, festivals, motorcycle rides, health fairs, special AA/NA meetings with potlucks and recognition, and dances to name a few of the activities held in past years.

Along with the Substance Abuse and Mental Health Services Administration – Center's for Substance Abuse Treatment and Substance Abuse Prevention, the Iowa Department of Public Health would like to invite treatment and prevention providers' to participate in the state recovery celebration to be held at the Blank Park Zoo the afternoon of September 14, 2008.

To report National Recovery Month activities, get more information, or to get involved on a planning committee for this event contact Gena Hodges at ghodges@idph.state.ia.us

ISASA Training Event

Iowa Substance Abuse Supervisors Association (ISASA) is planning a full day of training for both prevention and treatment supervisors on October 28, 2008.

The day will consist of having Sharon Malero from Davis Brown Law speak in the morning on

disciplinary action, appropriate documentation and legal responsibility as a supervisor.

In the afternoon Dr. Richard Newkirk from New Life/Counseling, Coaching and Consulting will be training on identifying different learning styles, strategies and how to use this information as a supervisor.

For more information, please contact Deb Prier prierd@sasc-dbq.org

This is an electronic newsletter coordinated and distributed by the Iowa Substance Abuse Information Center (ISAIC). If you have questions regarding one of this month's news items, please direct your questions to the contact person mentioned in the article.

If you have feedback, suggestions, or information to share, please send it to Barb Gay, gayb@crlibrary.org

If you would like to be added to this newsletter distribution list, please send a blank e-mail message to join-subabuseupdate@lists.ia.gov

This newsletter is posted on our Website in pdf format. www.drugfreeinfo.org/subabuseupdate.html